The Midwest School for Women Workers brings together working women to develop leadership skills, understand challenges and issues facing the labor movement, and learn from each others’ experiences. Held annually since 1976, the Midwest School has a proven track record of equipping women to lead effectively in their workplaces and organizations.

Common features of the Midwest School each year include:

- Core courses on key labor rights and representation skills
- Plenaries featuring national speakers
- Interactive workshops on current issues
- Leadership training
- Networking opportunities
- Special events featuring Midwest labor history, culture, film, arts, and activism.
- Instruction from experienced university, union, and community-based educators

The school is open to all working women in the Midwest region, with a primary focus on meeting the educational needs of women in unions, worker centers, and community groups that work on labor issues. Participants typically include women active at all levels including rank-and-file activists, elected leaders, stewards, board members, and staff.

Inclusion and Nondiscrimination

The Midwest School for Women Workers welcomes participation of all working women and transfeminine, non-binary, intersex, and gender non-conforming workers, regardless of occupation, race, creed, religion, ethnicity, color, sex, national origin, age, disability, sexual orientation, gender identity, or immigration status.

What past participants are saying about the Midwest School for Women Workers

I hope the empowering and reenergizing feeling that I’ve experienced all week long continues throughout my activism in the workplace.

The instructors were very strong, dynamic, engaging speakers, and I left the class knowing that I had learned something new that would benefit me in the workplace.

Through networking with other union sisters I found out we all have some of the same issues.

The instructors had a wealth of information to share. I enjoyed learning from others in a supportive atmosphere.

I came away with information and ideas that I can use to keep our membership informed and active.
Participants will attend core skill-building classes each morning and afternoon, along with plenary and workshop sessions on priority economic and policy issues affecting workers.

Course and workshop topics including:
- Rights in the workplace
- Grievance and bargaining basics
- Leading with strength and solidarity
- Communicating and mobilizing to win
- Combating sexual harassment
- Labor’s history and labor’s future
- Work-life balance, FMLA, and family leave
- Racial justice at work and in our unions
- Immigration and labor rights
- Building community coalitions
- Women and the economy

Special events
- Engaging with presidential candidates on working women’s issues
- Field trips, films, and cultural events
- Spotlight on Midwest women in the trades

Registration options:
- Online: visit laborcenter.uiowa.edu
- By mail: send completed form (at right) to The University of Iowa Labor Center, 100 BVC, Room W130, Iowa City, IA 52242-5000.
- By phone: call (319) 335-4144.

Please register by July 1 to insure availability of housing. Registrations received after July 1 will only be accepted if space is available.

Cancellation policy: Registrations cancelled after July 12 will incur a $75 fee.

**Tuition:**
- Commuter: $400
  *Includes daily lunches, two dinners, snacks*
- Double room: $575  Single room: $750
  *Includes hotel lodging, parking, daily breakfast and lunch, two dinners, snacks*

**Registration Form**

<table>
<thead>
<tr>
<th>First name</th>
<th>Last name</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Union/Local or Organization**

**Mailing Address (Required)**

<table>
<thead>
<tr>
<th>City</th>
<th>State</th>
<th>Zip</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Phone number**

**Email address (Required)**

**Dietary restrictions (if any):**

- Due to a disability I require an accommodation to participate (If yes, please call 319-335-4144.)
- I will need interpretation into ____________ language in order to participate.

Pronouns you prefer others use to refer to you:
- she/her/hers
- they/them/theirs
- he/him/his

**T-shirt size (unisex):**
- S
- M
- L
- XL
- XXL
- XXXL
- XXXXL

**Tuition (see details at left)**

- Commuter ($400)
- Double room ($575)  Single room ($750)

If double, indicate roommate preference (if any):

**Questions? Please call or email:**
319-335-4144 / labor-center@uiowa.edu

**Scholarships**

A limited number of partial scholarships may be available for women whose organizations are unable to pay the full cost of tuition. Please approach your local union and/or area labor federation to request support before applying for a scholarship. To request a scholarship application, email labor-center@uiowa.edu or call (319) 335-4144.

- Enclosed is a check/money order payable to The University of Iowa
- Enclosed is a letter of authorization from my union, requesting an invoice for the registration fee.