The Iowa Worker Rights Project

Education and resources for workers and job-seekers

Workshops:
Knowing your rights for job confidence and success
Using interactive adult education techniques, workshops use life experience and real-world scenarios to deepen knowledge about how legal rights apply in Iowa workplaces, and provide hands-on practice in applying new knowledge to common everyday situations.

Resources and quick references
- Iowa Worker Rights Manual: Comprehensive overview of dozens of state and federal laws, and how and when they apply in Iowa workplaces.
- One-page leaflets answering common questions about wage payment, health & safety, discrimination, and other basic rights.

Sample Workshop Topics
- What legal rights apply in Iowa workplaces?
- What should every worker understand about pay, work hours, and benefits?
- What should workers do if an injury occurs at work?
- How and when can workers respond if they encounter a problem at work?

Free workshops available in 2018-2019 for:
- Iowa schools, colleges, pre-apprentice programs, nonprofits and faith-based groups engaged in workforce development training or outreach
- Community organizations interested in educating their members about workplace rights
- Groups serving Iowa veterans, youth, people of color, immigrants, refugees, formerly incarcerated Iowans, unemployed workers, or other populations facing barriers to employment

Workshops can be delivered in Spanish or other languages (using simultaneous interpretation) upon request.

Contact the University of Iowa Labor Center for more details or to discuss scheduling and customizing a workshop for your group:
319-335-4144 or labor-center@uiowa.edu

Thank you to our project sponsors!
- Iowa Federation of Labor AFL-CIO
- Iowa Postal Workers Union (APWU)
- Plumbers & Pipefitters—UA Local 125, Cedar Rapids
- Carpenters Local 948, Sioux City
- Lee County Labor Chapter & United Steelworkers Local 444, Keokuk