



# The Iowa Worker Rights Project

*Education and resources for workers and job-seekers*

## Workshops:

### Knowing your rights for job confidence and success

Using interactive adult education techniques, workshops use life experience and real-world scenarios to deepen knowledge about how legal rights apply in Iowa workplaces, and provide hands-on practice in applying new knowledge to common everyday situations.

### Resources and quick references

- *Iowa Worker Rights Manual*: Comprehensive overview of dozens of state and federal laws, and how and when they apply in Iowa workplaces.
- One-page leaflets answering common questions about wage payment, health & safety, discrimination, and other basic rights.

### Sample Workshop Topics

- What legal rights apply in Iowa workplaces?
- What should every worker understand about pay, work hours, and benefits?
- What should workers do if an injury occurs at work?
- How and when can workers respond if they encounter a problem at work?

### Free workshops available in 2017-2018 for:

- Iowa schools, colleges, pre-apprentice programs, nonprofits and faith-based groups engaged in workforce development training or outreach
- community organizations interested in educating their members about workplace rights
- groups serving Iowa veterans, youth, people of color, immigrants, refugees, formerly incarcerated Iowans, unemployed workers, or other populations facing barriers to employment

*Workshops can be delivered in Spanish or other languages (using simultaneous interpretation) upon request.*

**Contact the University of Iowa Labor Center for more details or to discuss scheduling and customizing a workshop for your group:  
319-335-4144 or [labor-center@uiowa.edu](mailto:labor-center@uiowa.edu)**

THE UNIVERSITY OF IOWA



## Labor Center

*Building the labor movement through education*

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## Thank you to our project sponsors!

*Iowa Federation of Labor AFL-CIO  
Iowa Postal Workers Union (APWU)  
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