



## WORKER SAFETY IN EXTREME TEMPERATURES

Are you exposed to extreme heat or cold at your job? Each year, extreme temperatures cause thousands of preventable work-related injuries. This free, 2-hour workshop will help you protect yourself and your co-workers by identifying, preventing, and responding to the risks of extreme temperatures.







Cost

## **Host a Class in Your City:**

The University of Iowa Labor Center will travel to your community to teach these classes, scheduled at times and in locations that are accessible for your members. Workshops are available in English, Spanish, French, or Arabic. This grant-funded program will be available for private sector workers across lowa through September 30, 2025.

## **Contact the Labor Center**

Phone: 319-335-4144

Email: labor-center@uiowa.edu Website: laborcenter.uiowa.edu



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