

IF... YOU WORK LONG HOURS

YOU WORK IN HOT WEATHER

YOU WORK WITHOUT MUCH SLEEP

YOU WORK IN A FAST-PACED JOB

IOWA

Labor Center

YOU MAY FACE HEALTH & SAFETY RISKS

BUT YOU CAN PROTECT YOURSELF.

The Des Moines/Henry County Labor Council, AFL-CIO is hosting a free workshop presented by the University of Iowa Labor Center on how sleep and fatigue affect your health and safety, the link between fatigue and worker injury, and steps you can take to protect yourself and others.

MONDAY, SEPTEMBER 9, 5:30 - 7:30PM

IBEW LOCAL 13 HALL, 1205 N. CENTRAL AVE, BURLINGTON, IA

RSVP TO RDREW@LOCAL150.ORG

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